

BIO

Mary taught quilting, surface design and fabric dyeing for seven years at Palomar College and San Diego Continuing Education. She is currently lecturing and teaching for quilt guilds. BS in Industrial Technology. California CLAD Teaching Credential. Mary's award winning quilts have been exhibited locally, nationally, and internationally.

Publications and Articles

- ◆ AQS (American Quilters Society), 4 issues.
- ◆ Professional Quilter
- ◆ Gallery pictures in 20 books
- ◆ 2009 AQS Art Quilt Calendar (cover quilt)
- ◆ Juried Artist Member of SAQA (Studio Art Quilt Associates) for 12 years.
- ◆ Art Quilting Studio, Spring 2020 pp. 92-96

Mary has designed a set of patterns called Snip & Flip. The design is based on the use of Notan designs. These patterns are machine appliqué and have many variations. Another set of patterns are Snip & Flip Animals. These bilateral designs are whimsical and easy to make.

FEES in person or Zoom

Lecture \$350

One day (6 hours) workshop \$500, 2 day workshop @ 3 hours each day \$600

Travel and lodging expenses paid by clients. Zoom lectures and workshops do not have these fees.

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MARY TABAR

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MARY TABAR



Star Spangled 36"x 36"
Snip & Flip Holiday Star

Fiber Artist

Lecturer

Teacher

Zoom Lectures & Workshops

WORKSHOPS

Water Color Strip Quilt

This lovely strip quilt is made from only three floral fabrics and one border fabric. Students will make different fabric strip stratas and cut half square triangles to design and create their own version of this quilt. There are dozens of layouts possible.



Chevron Bands
62" w x 62" h

Snip & Flip Animal Designs

Snip & Flip designs are machine applique. The beginning of the workshop will be an introduction to Notan design, and bilateral balance. These symmetrical designs will be traced, cut and flipped around to make each animal unique. These whimsical patterns bring out the child in all of us. Class comes with an option of three animals, from nine patterns. Owls, Bears, Dogs, Cats, Elephants, Rabbits, Monkeys, Pigs, and Frogs.



Who's-Who
44" x 56"



Bear Hugz
55" x 55"



Puppy Love
58" x 58"

WORKSHOPS

Snip & Flip

This workshop is a new design idea that explores positive and negative design possibilities. We will be cutting, flipping and fusing appliqué squares to produce fast and fun machine appliqué quilts. Students have the option to make Triangles or Flowers pattern.



Cinnamon and Spice
32" w x 32" h



Spring Garden
34" w x 34" h

Snip & Flip Holiday Designs

This workshop students will learn the design of Notan. They will cut, flip and fuse appliqué squares for machine appliqué. After learning this new technique, students will want to make several of these fast and fun quilts. Students will have the option to make one of Hearts, Stars or Shamrocks pattern. Freeform border curves are taught in class.



Sweatheart
39" w x 39" h



Fireworks
28" w x 64" h



March Madness
18" w x 18" h

LECTURES

Embellishment Techniques

This combination of a short PowerPoint presentation, with a trunk show explains different embellishment techniques. Shown with a quilt that clarifies these techniques.

A Comparison of Art Quilts to Traditional Quilts

This combination of a short PowerPoint presentation, with a trunk show invites the audience to learn the similarities and differences of both types of textile work. After viewing and discussing this topic viewers will have more knowledge about the quilts they create.

Color Theory for Everyone

This combination of a short PowerPoint presentation, with a trunk show details basic color theory. Quilters will gain the confidence to try new color combinations after hearing and discussing this important topic.

Notan, the Light and Dark of Design

This combination of a short PowerPoint presentation, with a trunk show details what a Notan design represents. Quilters will gain the confidence to try a new technique of machine appliqué and learn new design ideas.

The lectures and workshops she gives are learning techniques and methods that can be applied to students own personal works of art.